

Come to India!

For Kumbha Mela, 2013

An informal interactive evening with Shelly Craigo

Discussing: The Himalayan Institute's Pilgrimage to the Kumbha Mela,

led by Pandit Rajmani Tigunait, Spiritual Head

Including practices from Living Tantra and an invitation to join in the Year-Long Group Meditation

Thursday, August 11,

6:00 pm

Namaste Yoga Center

Every 12 years for millennia, the time returns when the planets, constellations, and other celestial bodies are perfectly aligned, creating a **powerful vortex of spiritual energy** at the confluence of three holy rivers in Allahabad, India. This energy is further intensified by the collective consciousness of saints and sages, and pilgrims, who gather here with a single shared intention: **inner healing and lasting positive change**.

While the interplay of the forces of light and darkness brings about change – both within and outside us – our intentions, when put into practice at the right time and in the right manner, are a powerful influence or antidote.

Hear more about how we can use the Kumbha Mela as an opportunity to change the course of our destiny and the destiny of the planet – and *how you can take part*.

Find more here:

www.KM2013.com/?page_id=145

www.HimalayanInstitute.org/graceoftheganga